



**ReVive Back Pain Relief
TROUBLE SHOOTING CHECKLIST**

• **Check your battery**

Make sure the your battery is inserted correctly and that it has power.

• **Check your pads**

Make sure you have removed the plastic covers from the pads. Keep the top plastic covers to reapply to GelPads after use

• **Put on your ReVive Back Pain Relief Belt**

Hold the belt behind you with the control unit on your right. Position the belt locator centrally over your spine and just above your coccyx bone. Stretch both ends of the belt and fasten them securely around your waist. Make sure the belt locator is positioned correctly before fastening the straps.

• **Turn on your ReVive Back Pain Relief Belt**

Press and hold the on/off button for 2-3 seconds to turn the controller on. It will not start working until you increase the intensity by pressing the upward pointing arrows.

Your ReVive Back Pain Relief Belt should now be working – you will feel the TENS technology coming an going as your muscles are pulsing

If you are still having difficulties – please contact Customer Service for further help.